

# SCIENTIFIC PROGRAM

# DAY - 1

MONDAY, OCTOBER 07, 2019

CONFERENCE HALL- LA ROSA TO CALLA LILY

08:30-08:45 REGISTRATIONS

08:45-09:00 OPENING CEREMONY

## KEYNOTE SESSION

09:00-09:40

**Haleama Al Sabbah**

Zayed University, UAE



**Title:** Prevalence of overweight, obesity, anemia and their associations with dietary habits among female students at Zayed university, UAE

09:40-10:20

**S Naunihal Singh**

Tanvir Foundation, India



**Title:** Obesity in children

NETWORKING & REFRESHMENT BREAK 10:20-10:40 @ BREAKOUT AREA

## KEYNOTE SESSION CONTINUES

10:40-11:40

**Bhimanagouda Patil**

Texas A&M University, USA



**Title:** Can we reduce obesity burden by consuming selected fruits and vegetables?

11:40-12:20

**John Sweeney**

Health Care Informed (HCI), Ireland



**Title:** Can our health systems learn? Lessons from high-profile UK and Ireland investigations

12:20-13:00

**Satish G Patil**

Shri B.M.Patil Medical College, India



**Title:** Mechanisms underlying the impact of yoga in cardiovascular prevention and rehabilitation

## LUNCH BREAK 13:00-13:50 @ LA MODE RESTAURANT

### SPEAKER SESSION

**SESSIONS:** Obesity and cardiovascular diseases | Heart Diseases | Obesity related disorders | Bariatric Surgery | Mental and Health Disorders

**Session Chair:** Haleama Al Sabbah, Zayed University, UAE

#### Talal Khewater

King Salman Armed Forces Hospital, UAE

13:50-14:20

**Title:** Roux-en-Y gastric bypass, the gold standard bariatric surgery

#### Ossama Maadarani

Kuwait Oil Company, Kuwait

14:20-14:50

**Title:** B-Lines on chest ultrasound predicts elevated left ventricular diastolic pressures

#### Mayank Vats

Dubai Health Authority, UAE

14:50-15:20

**Title:** Obesity and cardiovascular disease in Middle East

#### Rohit Kumar

Medeor Hospital, UAE

15:20-15:50

**Title:** Managing obesity and obesity related disorders

#### Chaithanya Diwakara

Ayurveda R US Rehabilitation Centre, UAE

15:50-16:20

**Title:** Yoga for healthy young heart

## NETWORKING & REFRESHMENT BREAK 16-20-16:40 @ BREAKOUT AREA

#### Jayasree Vinil

Ayurveda R US Rehabilitation Centre, UAE

16:40-17:10

**Title:** Positive physical and mental health by ayurveda

## AWARDS & CLOSING CEREMONY

# DAY - 2

TUESDAY, OCTOBER 08, 2019

HALL NAME: LA ROSA TO CALLA LILY

## KEYNOTE SESSION

09:45-10:00 INTRODUCTION

## SPEAKER SESSION

### Selin Köybaşı

Yeditepe University, Turkey

10:00-10:30

**Title:** Holistic approach to obesity

### Naheed Aryaeian

Iran University of Medical Sciences, Iran

10:30-11:00

**Title:** Effects of saffron supplementation on inflammation and metabolic responses in type 2 diabetic patients: a randomized double-blind placebo-controlled trial

### Kamile Nazan Turhan

Izmir University of Economics, Turkey

11:00-11:30

**Title:** The relationship between nutrition and chronic diseases of elderly people living in nursing homes

## NETWORKING & POSTER PRESENTATIONS 11:30-12:30 @ BREAKOUT AREA

### Ossama Maadarani

Kuwait Oil Company, Kuwait

Poster- 1

**Title:** Adding herbal products to DOACs – Can be fatal

### Laura Castañeda Mesa

Fundación Universitaria San Martin, Colombia

Poster- 2

**Title:** Unusual cases in infectious endocarditis in a high complexity hospital in Colombia during 2016 and 2017

## AWARDS & CLOSING CEREMONY

LUNCH BREAK 12:30 @ LA MODE RESTAURANT



## BOOK MARKS

### **2<sup>nd</sup> World Cardiology and Heart Conference**

September 04-05, 2020

Rome, Italy

Email: [cardiology@scitechconferences.net](mailto:cardiology@scitechconferences.net)

Website: [cardiology.scitechconferences.com](http://cardiology.scitechconferences.com)

### 2<sup>nd</sup> Global Conference on **Obesity, Nutrition and Health Disorders**

September 04-05, 2020

Rome, Italy

Email: [obesity@scitechconferences.net](mailto:obesity@scitechconferences.net)

Website: [obesity.scitechconferences.com](http://obesity.scitechconferences.com)